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COMMITTEE

Story script and Shot log

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STORY HEADLINE: Sudanese long distance runner Jamal Abdoul-Magid picked for IOC Refugee Olympic Team for Tokyo 2020

DATE: 8 June 2021

LOCATION: Israel

COUNTRY OF ORIGIN: Sudan

LANGUAGE: English

Broadcast quality footage available at the IOC Newsroom: <http://iocnewsroom.com>

STORY SCRIPT:

Jamal Abdoul-Magid, a 5000m runner now based in Israel, will be part of the IOC Refugee Olympic Team for Tokyo 2020.

Jamal fled Sudan as a teenager, having to part with his mother and siblings because of the war that killed his father when he was just eight years old. He travelled through Egypt and the Sinai Desert on foot to reach refugee protection in Israel.

It was the Alley Runners Club in Tel Aviv that helped him to integrate in his new country and develop his talents: "The club became my family - If I had challenges or problems in my life they helped me," says Jamal, who is one of 56 refugee athletes currently supported by the IOC through the Olympic Solidarity Scholarship for Refugee Athlete programme.

Much of his progress has been off the track, breaking in the top 100 in the 2019 World Cross Country Championships. Selection in a distance event for Tokyo 2020 was his target and now he takes his place in the IOC Refugee Olympic Team.

Jamal has also revealed an ambition for the future saying: "I hope I will be a refugee athlete's coach one day, that's my dream."

The 29-member IOC Refugee Olympic team Tokyo 2020 (EOR)* is a continuation of the IOC's commitment to play its part in addressing the global refugee crisis, and another opportunity to continue to convey the message of solidarity and hope to millions of refugees and internally displaced athletes around the world.

**The IOC Refugee Olympic Team will compete in Tokyo under the French acronym EOR which stands for Equipe Olympique des Réfugiés.*

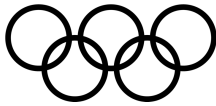
SHOTLIST:

00:02 Jamal Abdoul-Magid arriving to training on his motorcycle

00:00 Jamal speaking with his coach

00:15 Jamal tying his shoelace

00:21 Jamal stretching with his coach



00:26 Camera pan down as Jamal stretches
00:33 Jamal warming up jogging away from camera
00:40 Jamal running in and out of camera frame
00:43 Jamal running on a dust track with flowers

00:48 SOUNDBITE: Jamal Abdoul-Magid, IOC Refugee Olympic Team (EOR), Athletics 5000m (English Language)

Q. What does it mean to you to compete for the Refugee Olympic Team?

"Tokyo like I mean, the Olympics is every athlete's dream, and it will be a lot for me to represent the Refugee athletes, refugee teams."

01:04 Jamal running towards camera

01:18 SOUNDBITE: Jamal Abdoul-Magid, IOC Refugee Olympic Team (EOR), Athletics 5000m (English Language)

Q. Has it been a long road for you to claim a place in the Refugee Olympic Team?

"I got a lot of injuries so it was a little bit tough. I mean like injuries for three years or for two years. And yeah, I learned a lot from the injuries, from competitions, from mistakes what I did, and why I got injured. Yeah, here we are today."

01:44 Jamal running down hill and past the camera

01:53 SOUNDBITE: Jamal Abdoul-Magid, IOC Refugee Olympic Team (EOR), Athletics 5000m (English Language)

Q. What do you hope to achieve through your sport?

"My expectation is to become a future coach, a future good athlete. I mean good athlete, I mean in the real elite level too training harder in the altitude. Yeah and the more important thing is that I hope I will be a Refugee athlete's coach one day. That's my dream."

02:17 Jamal running down a hill

02:25 Jamal runs in and out of the camera frame

02:30 SOUNDBITE: Jamal Abdoul-Magid, IOC Refugee Olympic Team (EOR), Athletics 5000m (English Language)

Q. What is your message to other Refugee Athletes?

"My message to other Refugee athletes is to not give up, to believe in yourself and to do their best they could, to become better athletes, and I believe all Refugee athletes we can do much better."

02:48 Jamal's coach applauding him as he runs towards him

02:56 Jamal walking with his motorcycle and coach.

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