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Story Script and Shot log

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STORY HEADLINE: Spanish Gold a Crowd Pleaser in the Ski Mountaineering Women's Sprint Final at Lausanne 2020

LOCATION: Villars Winter Park, Switzerland

DATE: January 13th, 2020

LANGUAGE: Spanish

Broadcast quality footage available at the IOC Newsroom: <http://iocnewsroom.com>

STORY SCRIPT:

Fans flock to the mountains to watch the newly introduced sport of Ski Mountaineering to the Youth Olympic programme saw Maria Costa-Diez of Spain win gold in the Women's Sprint Final.

Among the crowd were some of those closest to the Spaniard's heart: "I was really overwhelmed with emotion, I saw my family and my friends cheering me on, because I had friends that have come from Cataluña. I am super happy to see them with me and be at the top of the podium. It is great."

Costa-Diez, who is 17, proved too strong in the closing stages for her nearest rivals, Silva Berra of Italy and the French skier, Margot Ravinel, winning the race in 3:22.45 seconds.

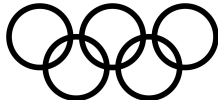
Berra finished 2.53 seconds behind the winner to take silver. Ravinel won bronze.

The Sprint is a short individual race, combining the essential Ski Mountaineering features and techniques. Part of the ascent is made on skis and another part on foot, with skis on the backpack. Finally, the descent from the top is made skiing in one single time.

As its name implies, the Sprint is a very fast race. The total ascending elevation is of about 80 metres, with athletes starting and finishing in almost the same point.

The first round is an individual qualification with athletes starting one after the other, every 20 seconds. After this qualifying round, athletes face each other in heats of 6 runners from quarter-final to final. The 3 best of every heat are qualified for the next round. Qualifying athletes race at least twice. In the final, the winner is the first to cross the finish line.

Lausanne 2020 is the third edition of the Winter Youth Olympic Games (YOG), bringing together the world's best young athletes between the ages of 15 and 18. For the first time



in Winter Olympic history the Games will have gender equality, with equal numbers of male and female competitors in the 81 medal events.

1,872 athletes from 79 National Olympic Committees (NOCs) will be in action in Lausanne, 12 of those NOCs for the first time at a Youth Olympic Games - Albania, Azerbaijan, Ecuador, Haiti, Hong Kong, Kosovo, Pakistan, Qatar, Singapore, Thailand, Turkmenistan and Trinidad & Tobago.

As well as the brand new sport of Ski Mountaineering, Lausanne 2020 features five new events, Women's Nordic Combined, Individual Normal Hill/4km, Women's Doubles Luge, Mixed NOC 3x3 Ice Hockey, Freeski Big Air, Snowboard Big Air.

The first Winter Youth Olympic Games took place in Innsbruck, Austria, in 2012. The second edition was held in the Norwegian city of Lillehammer in 2016.

SHOTLIST:

00:05 Maria Costa-Diez crosses line to claim gold medal in Women's Ski Mountaineering Sprint

00:18 SOUNDBITE: Maria Costa-Diez, Spain. Gold Medallist. Women's Ski Mountaineering Sprint (Spanish Language)

"There are no words to describe it, it is mind-blowing, unexplainable and it is a dream, I still don't believe it."

00:26 Maria Costa-Diez congratulated by Slovakia's Laura Kovarova (number 6)

00:30 SOUNDBITE: Maria Costa-Diez, Spain. Gold Medallist. Women's Ski Mountaineering Sprint (Spanish Language)

"I really never thought I would win the gold medal. But I had the idea of getting a medal. But I was going for bronze, to the third position... But then I saw I could win the gold medal, so I gave everything and... Well... That is the result."

00:49 Maria Costa-Diez on podium at ceremony

00:55 SOUNDBITE: Maria Costa-Diez, Spain. Gold Medallist. Women's Ski Mountaineering Sprint (Spanish Language)

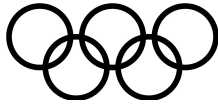
"The secret to winning is to be consistent, train day by day and once you are here and you have the talent to be in such an important competition, give everything you can and trust in yourself. Sometimes I fail on that but... Well... Today I trusted in myself and... And it was good."

01:14 Maria Costa-Diez on podium at ceremony

01:20 SOUNDBITE: Maria Costa-Diez, Spain. Gold Medallist. Women's Ski Mountaineering Sprint (Spanish Language)

"I was really overwhelmed with emotion, I saw my family and my friends cheering me on, because I had friends that have come from Cataluña. I am super happy to see them with me and be at the top of the podium. It is great."

01:33 Medallist stand together on podium at mascot ceremony



01:40 SOUNDBITE: Maria Costa-Diez, Spain. Gold Medallist. Women's Ski Mountaineering Sprint (Spanish Language)

"From the final, I remember being very nervous before starting, and... Well... I needed to remove the nerves 10 second before the start and give everything, visualising the circuit and focusing on giving everything in every moment."

01:51 Shots from the medal ceremony of Women's Ski Mountaineering sprint

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