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Story Headline: Lillehammer 2016 Biathlon Mixed Relay gold won by Norway

Event: Lillehammer 2016 Winter Youth Olympic Games
Date: 21 February
Place: Lillehammer, Norway

STORY SCRIPT
Norway has won its fourth gold medal of the Lillehammer 2016 Winter Youth Olympic Games in the Biathlon Mixed Relay.

The quartet of Marit Oeygard, Marthe Krakstad Johansen, Fredrik Qvist Bucher-Johannessen and Sivert Guttorm Bakken finished with a time of 1:18:35.6 to claim top spot on the podium.

Germany’s Juliane Freuhwirt, Franziska Pfner, Simon Gross and Danilo Riethmueller secured silver (1:18:43.2) ahead of the Italian team of Samuela Comola, Irene Lardschneider, Cedric Christille and Patrick Braunhofer (1:20:06.0).

Bakken wins his second gold medal after winning the Men’s Biathlon 10km Pursuit, whilst Johansen claims her first gold medal after three silver medals in the Single Mixed Relay, 6km Sprint and 7.5km Pursuit.

In total, 1100 athletes from 71 nations are competing at the Winter Youth Olympic Games (YOG) in Lillehammer Norway for a total of 70 Gold medals.

The 2nd Winter YOG is taking place between Friday 12th & Sunday 21st of February 2016.

Biathlon explained.
Age Group: Born between 1 January 1998 and 31 December 1999
Quota: 100
Venue: Birkebeineren Ski Stadium

Mixed Relay
A team is composed of two women and two men from the same NOC. The event consists of a single phase (i.e. final).

The race order is woman-woman-man-man. The distance covered by each woman will be 6km and by each man 7.5km. A simultaneous start is used for the Mixed Team Relay.

Biathletes ski using the free technique, and then shoot a small-bore rifle (.22 calibre (5.6mm)), alternating between the prone and standing positions. Target size varies depending on the shooting position. Athletes have two shooting bouts, first in the prone position then in the standing position. The biathletes take one round at each of the five targets and have three extra shots per shooting bout. Each missed shot incurs one 150 metre penalty loop to be skied after each shooting bout.

The team crossing the line first wins.

What are the YOG?
The Youth Olympic Games are essentially about competing, learning and sharing. They are a celebration of sport, youth diversity and the Olympic values of excellence, friendship and respect. They also exemplify the Fundamental Principles of Olympism, blending sport with culture and education. The vision of the Youth Olympic Games is to inspire young people around the world to participate in sport and live by the Olympic values.

YOG Key Facts
• Hosted from 12 to 21 February 2016 in Lillehammer, Hamar, Gjøvik, Øyer and Oslo — demonstrating the use of a fantastic legacy of Olympic venues and the flexibility of the YOG.
• 71 NOCs and 1,100 athletes aged 15 to 18 will compete in 70 medal events at Lillehammer 2016.
• Lillehammer 2016 is the second winter edition of the YOG following Innsbruck 2012. The first summer edition took place in Singapore in 2010, followed by Nanjing in 2014.
• The YOG have been used an incubator for innovation in sport and education. Lillehammer 2016 will feature Olympic debuts for a number of disciplines, including cross-country cross, snowboard cross, ski slopestyle, biathlon super sprint and monobob.
• With regard to education, the Coaches’ Corner will be a pioneering YOG first in Lillehammer, featuring dedicated workshops and talks by experts and Virtual Reality (VR) technology to explore and explain how new advances in technology can be applied to the science of coaching.
• The YOG have acted as a springboard to further Olympic glory for many alumni. Some 64 YOG athletes from Innsbruck 2012, for example, went on to compete at the Olympic Winter Games Sochi 2014, winning 6 medals in total. In addition, 200 YOG alumni from Singapore 2010 competed at London 2012, of whom 25 medalled.

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