



INTERNATIONAL  
OLYMPIC  
COMMITTEE

**Shotlist and translation**

**The International Olympic Committee (IOC) OFFERS THE FOLLOWING VIDEO NEWS RELEASE TO ALL NEWS AGENCIES, BROADCASTERS AND ALL ONLINE PLATFORMS FREE OF CHARGE.**

**Story Headline:** Ethiopian refugee Yonas Kinde selected for Refugee Olympic Team for Olympic Games Rio 2016

**Date:** 3 June 2016

**Place:** Luxembourg

SHOT LOG & transcripts of sound bites:

Shot of Yonas Kinde walking to his training session.

Shot of Yonas Kinde stretching.

Close up shot of Yonas Kinde stretching.

Shot from the ground of Yonas Kinde running on the track.

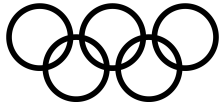
Wide shot of Yonas Kinde running on the track.

**SOUND BITE** Yonas Kinde, Ethiopian refugee athlete (English language):  
“There are many refugees in the world, they can do good sports, they can do everything. But this chance is special for me, I can say that, it’s special for me. It’s a very good chance because before I had good results and can win here in Luxembourg; I’ve won many races but I don’t have a nationality to participate at the Olympic Games or European Championships so I do my best training but now it’s very important and very good news for the Refugee Team and refugee athletes for Olympic Solidarity to give this chance.”

Shot of Yonas Kinde’s feet running along the track.

Shot of Yonas Kinde running along the street in Luxembourg.

**SOUND BITE** Yonas Kinde, Ethiopian refugee athlete (English language):  
“It will be fantastic; it will be successful also. I will do my best time also.”



Tracking shot of Yonas Kinde running on the track.

**SOUND BITE** Yonas Kinde, Ethiopian refugee athlete (French language):

Shot of Yonas Kinde running through a wood.

**SOUND BITE** Yonas Kinde, Ethiopian refugee athlete (English language):  
“It’s a political problem why I left my home country – it’s because of a political problem at home that I’m here generally.”

Shot of Yonas Kinde running along the street.

**SOUND BITE** Yonas Kinde, Ethiopian refugee athlete (English language):  
“But I am here and alive, so I’m happy. I’m lucky also.”

Shot of Yonas Kinde running on the street.

**SOUND BITE** Yonas Kinde, Ethiopian refugee athlete (French language):  
**English Translation:** “I’m good here, I feel good, I feel free, life is fine. There are a few problems but things are improving and I feel so much more integrated than previously”.

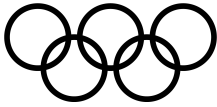
Shot of Yonas Kinde running on the track.

Close up of Yonas’ feet running on the track.

Shot of Yonas Kinde running on the track.

**SOUND BITE** Yves Göldi, Yonas Kinde’s coach (English language):  
“He has obviously one problem which is that from now until the Olympics - when he goes to the Olympics - it is a rather short time but I guess he may not be at 120% but I guess that he will be in good shape so I’m quite happy with what he does for the time being.”

Shot of Yves Göldi watching Yonas Kinde running on the track and talking.



Close up of Yves Göldi and Yonas Kinde talking.

**SOUND BITE** Yves Göldi, Yonas Kinde’s coach (English language):  
“When it comes to training, it is exactly the same thing. It goes by performance. But there are a couple of things around that make it delicate from time to time – his specific situation, he is in a foreign country and he doesn’t speak all the languages fluently here so you have to help him a little bit left and right. But luckily Yonas has a couple of people supporting him but when he comes to me I try and pay attention to his personal situation as it is, you have to pay attention you don’t hurt his feelings but you’d do that with other people, only the background is different. But the training is quite normal and we have a good relationship so that makes it easier.”

Shot of Yonas Kinde leaving training.

Shot of Yonas Kinde arriving at his front door in Luxembourg.

Shot of Yonas Kinde organising crockery.

Close up shot of Yonas Kinde organising crockery.

**SOUND BITE** Yonas Kinde, Ethiopian refugee athlete (English language):  
“To arrive here also it was very, very difficult to come into Europe generally. If you see some people they are dying, they are sacrificing their life.”

Close up shot of food cooking.

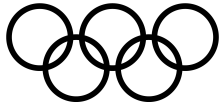
Close up shot of Yonas Kinde getting cutlery.

Shot of Yonas Kinde placing traditional Ethiopian crockery.

Close up shot of traditional Ethiopian crockery.

Close up shot of trophies in Yonas Kinde’s flat.

Shot of Yonas Kinde making a drink.



Close up shot of drink being poured.

**EXTRA VIDEO CLIP**

TITLE: Yves Goldi extra sound bites, (French & English Languages) Coach of Yonas Kinde

DURATION: 3.41

**SOUND BITE** Yves Göldi, Yonas Kinde's coach (English language):

QUESTION: Has Yonas mentioned the significance of representing the Refugee Olympic Team?

"I guess that he, we have talked about this couple of times and I think, Yes, he knows that this is situation which is very specific and very special. I'm not quite sure that he can see the significance that it may have for the international Olympic committee and for people that are involved in all this, sort of things. But I think that he feels that this is something very unusual and very important also, that's what I believe."

**SOUND BITE** Yves Göldi, Yonas Kinde's coach (French language):

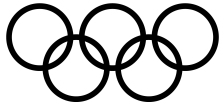
QUESTION: Has Yonas mentioned the significance of representing the Refugee Olympic Team?

Je crois qu'en on a discuté quelques fois. Je crois qu'il sait très bien quelle est la situation. Et sait que c'est la représente pour le comité Olympique Internationale pour les réfugiées. Que c'est, en disant, la situation très spécifique et très spéciale. Maintenant je peux dire qu'il a une vie, disant, politique sur tout ça. Je m'en doute mais ça ce n'est pas sa situation- la réfugiée. Mais là, on n'est pas politiquement quelqu'un qui fait une action très pointue.

**SOUND BITE** Yves Göldi, Yonas Kinde's coach (English language):

QUESTION: Has being a refugee prevented Yonas from developing as an athlete?

"I think the fact that he has been in Luxembourg since couple of years has not really hindered in a way that he was able to train here, so. But he has changed his country, he has changed his family, and that, I cannot say what is the input on him from all of this."



**SOUND BITE** Yves Göldi, Yonas Kinde's coach (English language):

QUESTION: What level of performance do you expect from Yonas at the Olympic Games?

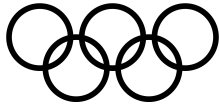
"Well, The fact is that there are two different sort of races. There is one where you go by the time, and there is one like the Olympics which is completely different. Because... First there are not 2000-3000 people running, there are fifty. There is most probably a situation where we'll have a pack in the beginning which goes very fast, then you will have technically to see what can I do today, and follow this your own pace. So it is very hard to say how good you will perform on that. But I think if he does what he can do and expecting that a couple of people will do more than what he can do, he would be in let's say good middle position in this race I think that is what we expect from him."

**SOUND BITE** Yves Göldi, Yonas Kinde's coach (French language):

QUESTION: What level of performance do you expect from Yonas at the Olympic Games?

"Répondre à une question sur ce chance aux jeux olympique, ça, c'est très difficile. Parce que en principe il y a deux sorts des courses. Il y a une ou vous allez avec le temps pour le temps. Et il y a une course, en jeux olympique qui est très tactique en principe. C'est aussi des courses qui il a couru jusqu'à maintenant. Il n'a pas mille ou deux milles personnes qui courent mais il y a 50 ou 60 athlètes. Donc, il faut voir que ce qu'on peut faire au moment de la course. Quelle est la forme du jour, comment on peut s'intégrer dans une course qu'est ça course, pas la course de quelqu'un d'autre qui court beaucoup plus vite. Et je crois, que s'il réussit à faire son temps, donc, à courir dans ce moyen, il peut bien s'est placer au moins dans le premier mois qu'est de la course. Donc, ce que serait pour quelqu'un qu'il n'a jamais fait une course de ce niveau-là, c'est quelque chose de magnifique."

End



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**EXTRA VIDEO CLIP**

TITLE: Yonas Kinde sextra sound bites (French Language)

DURATION: 4.24

**SOUND BITE** Yonas Kinde, Ethiopian refugee athlete (French language):

QUESTION: What is the refugee Olympic Team?

“L'équipe des réfugiés c'est vraiment une bonne chance que nous avons donné le comité international. C'est important pour tous les réfugiés. Si on va participer à Rio ça serait vraiment fantastique. On est courageux. Nous avons la chance.”

TRANSLATION: *“Refugee team is a huge chance given to us by Olympic committee. It is very important to refugees. It would be fantastic if we could participate in Olympic games. We are brave and we have a strength.”*

**SOUND BITE** Yonas Kinde, Ethiopian refugee athlete (French language):

QUESTION: How will you change your training as the games approach?

“La préparation pour le jeu olympique- en ce moment-là je fais beaucoup plus de kilomètres. Je me prépare bien. Nous avons fait un bon programme avec mon entraîneur. Quand la date de jeu à Rio s'approche, je vais faire moins de kilomètre pour être en forme.”

TRANSLATION:

*“Preparing to games. I run a lot at the moment. I'm preparing with my trainer. We have a good training plan. We will slow down when we get closer to the Olympics just to be in peak form.”*

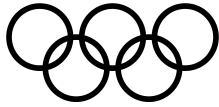
**SOUND BITE** Yonas Kinde, Ethiopian refugee athlete (French language):

QUESTION: Can you win a medal at the Olympic Games in Rio?

“Nous avons fait le bon programme pour faire le bon temps - pour comparer avec les athlètes professionnelles, pour faire un bon résultat. Nous allons concentrer avec mon entraîneur sur le programme. Et pour gagner une médaille je vais rivaliser avec tous les athlètes professionnelles et puis je vais essayer de faire un bon temps pour gagner.”

TRANSLATION: *“We have prepared great plan and I should be able to compete with other professional athletes and get good results. We are concentrating on our plan. To get medal I will have to compete with professionals. I will do my best to get great result and win.”*

**SOUND BITE** Yonas Kinde, Ethiopian refugee athlete (French language):



## Shotlist and translation

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QUESTION: What motivates you to carry on when you are tired?

“Je ne me sens pas fatigué. Je fais bon programme avec mon entraîneur. Et si jamais j'ai de quelques problèmes, j'en parle avec mon entraîneur. J'entraîne bien, je mange bien et puis je me repose.”

TRANSLATION: *“I'm not feeling tired. We have good training plan. If there are any problems I discuss them with my trainer. I train hard, rest, and eat well.”*

**SOUND BITE** Yonas Kinde, Ethiopian refugee athlete (French language):

QUESTION: Will the Refugee Olympic Team inspire young refugees?

“C'est important pour les jeunes réfugiés dans le monde. Si on va participer dans le jeu olympique, c'est la première fois cette chance. C'est un bon exemple aussi pour tous les réfugiés du monde. C'est une bonne chance. Je suis très content.”

TRANSLATION: *“This is important for all refugees. This is first time when refugees will participate in Olympic games. It can be great example for young refugees.”*

**SOUND BITE** Yonas Kinde, Ethiopian refugee athlete (French language):

QUESTION: How difficult is it to be a refugee and an athlete?

“En étant réfugié c'est pas facile. L'économiquement, moralement - c'est très difficile. Mais si on aime vraiment du sport on peut faire des progrès et faire tout le sport.”

TRANSLATION: *“Being refugee isn't easy. There are economic and moral factors. But if one loves sport one can achieve a lot.”*

### **EXTRA VIDEO CLIP**

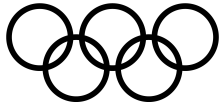
TITLE: Yonas Kinde sound bites (English Language)

DURATION: 4.06

**SOUND BITE** Yonas Kinde, Ethiopian refugee athlete (English language):

QUESTION: What is the Refugee Olympic Team?

“The refugee team is a new team, the lucky team, because Olympic solidarity opened this new chance for 2016 to go to participate in Rio Olympics. Very fantastic.”



**SOUND BITE** Yonas Kinde, Ethiopian refugee athlete (English language):

QUESTION: Can you win a medal at the Olympic Games in Rio?

“I'm preparing and we have a target with my trainer. We have target that it's to do the best time and to be competed with the best athletes. And why not to get medal.”

**SOUND BITE** Yonas Kinde, Ethiopian refugee athlete (English language):

QUESTION: What motivates you to carry on when you are tied?

“I'm in good shape. I'm not tired with this program. And we are doing the international program. And I have big experience so far at athletics. So I'm not feeling tired. I do my best training, I do my rest and I eat well, so I'm preparing very well.”

**SOUND BITE** Yonas Kinde, Ethiopian refugee athlete (English language):

QUESTION: Will the Refugee Olympic Team inspire young refugees?

“it's a big example for young athletes and refugees. I think it will be an example to be strong that we can do, even that we have difficulties - the refugee situation - that we can do with this chance. Very important to next generation also.”

**SOUND BITE** Yonas Kinde, Ethiopian refugee athlete (English language):

QUESTION: How difficult is it to be a refugee and an athlete?

“There are many difficulties if you are refugee: very little very difficult morally, economically. And very difficult to be an athlete. You can crazy sometimes if you are in the refugee camp, but the challenge is that athletics we can do if we love it. It's the love of the sport. We can fortunately, do even if the situation is difficult. We can do and we can get good results also.”

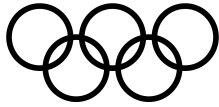
**SOUND BITE** Yonas Kinde, Ethiopian refugee athlete (English language):

QUESTION: How did sport help when you were in the refugee camp?

“Very important, but there is nobody in the camp to do it. I didn't see people doing some sports. No. So, It's only me that I did sport when I was in the camp. I liked. I do it.”

**SOUND BITE** Yonas Kinde, Ethiopian refugee athlete (English language):





QUESTION: What was life like in the camp?

“Me I do my training, another people they are sleeping. And they go outside, take some air, and go sleep. Some people they become crazy.”

End

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